

**BOROUGH OF MIDLAND PARK  
BOARD OF HEALTH  
MINUTES  
Monday, January 9, 2023**

The Board of Health meeting for the Borough of Midland Park was called to order at 7:38 pm by M. DiBenedetti, Board of Health President, who advised the Sunshine Law is in effect.

Corinne Woodward called the roll:

PRESENT: Michelle Di Benedetti  
Debra Dziubinsky  
Cynthia Cappell  
Nancy Peet

ABSENT: Alexandra Zubok

PROFESSIONALS: Namitha Reddy, Health Officer  
Corinne Woodward, Administrative Assistant

**APPROVAL OF MINUTES**

M. Di Benedetti asked for an approval on the minutes from the November 14, 2022 meeting. D. Dziubinsky made a motion to approve the minutes, which was seconded by N. Peet and unanimously approved by all present.

**HEALTH OFFICER'S ACTIVITY REPORT**

The November and December reports were reviewed by N. Reddy.

**Highlights include:**

- N. Reddy introduced herself to the BOH members.
- Flu clinics were held at The Kentshire on 11/2/22 and 11/9/22 and 12/12/2022 at the Waldwick Health Center.
- Wonder Truck Classification – no inspection necessary for local health departments.
- Food Handlers class was held on 12/13/2022 in Spanish.
- Continued to provide guidance to school districts on the updated NJDOH COVID-19 Public Health recommendations.
- Attended the School Wellness Council Meeting at the MPHS, 12/14/22.
- Increase in number of Legionnaire's disease cases being reported in Bergen and Passaic county; LTC facilities are more susceptible, but easier to track. Looking for commonalties between cases, increasing caution.
- Increase in pediatric invasive group A streptococcal (iGAS) infections.
- COVID report – Omicron XBB @20.4%, higher circulating as of today, more infectious.

- Making sure LTC residents have boosters, 70% vaccination rate.
- Less severe symptoms.
- No mandate on masks.
- Outbreaks of influenza, COVID and RSV.
- Received Narcan, Naxolone HCl Nasal Spray donation to be distributed to towns for use by emergency professionals.
- Complaints at The Kentshire due to heating issues. Heating systems repairs completed, no further action.
- Babysitting course held for Girl Scout Cadette Troop was held on 12/4/23.
- Revamping monthly reports to make them more visually appealing.
- Going to send out quarterly reports to municipalities for each season.

### REGULATORY FEES REPORT

The January/February Registrar Reports were reviewed by the Board of Health members. The Reports were accepted as information.

### OLD/NEW BUSINESS

**Midland Park Community Day:** No date yet, looking for more visibility; new offerings and giveaways. Looking to utilize the library, more events and outreach. Use Valley Hospital as a resource.

C. Cappell questioned if we could possibly do water testing for community? Would be expensive but we could educate the community members with fact sheets, etc.

**2023 Board of Health Meeting Dates:** N. Peet questioned possibly meeting quarterly? Going to remove the November Meeting from schedule. Will notify Midland Park Borough and put notice in the paper on meeting date changes.

N. Peet stated she would like to keep momentum and do some lectures during the spring/summer months. Possibly pediatric lecture, etc. and collaborate with the schools.

C. Cappell questioned reasoning for looking to pass ordinance on massage parlors. N. Peet said that from a health perspective, how do we know if they are using correct safety procedure if we do not regulate. N. Reddy noted that we do not, but they are regulated by the State Department. They are licensed and have guidelines they have to follow. We are licensing them, but not inspecting them. N. Reddy stated the Board of Health can enforce their own ordinances and can adopt.

### ADJOURNMENT

There being no further questions or discussion, a motion to adjourn was made at 8:47pm by C. Cappell, seconded by M. DiBenedetti. ***The next regular meeting is scheduled Monday, March 13, 2023, at 7:30 pm; location Council Chambers.***

Respectfully Submitted by:  
Corinne Woodward, Administrative Assistant