

**BOROUGH OF MIDLAND PARK  
BOARD OF HEALTH  
MINUTES  
Monday, November 8, 2021**

The Board of Health meeting for the Borough of Midland Park was called to order at 7:33 pm by Alexandra Zubok, Board of Health President, who advised the Sunshine Law is in effect.

Mrs. Woodward called the roll:

PRESENT: Michelle DiBenedetti  
Debra Dziubinsky  
Alexandra Zubok  
Mrs. Nancy Peet, Council Liaison

ABSENT: Miguel Garcia

PROFESSIONALS: Mr. Gary Dorsi, Senior REHS  
Corinne Woodward, Administrative Assistant

**APPROVAL OF MINUTES**

Mrs. Zubok asked if there were any comments, questions, or corrections on the September 13, 2021 Board of Health Meeting Minutes. Mrs. Peet made a motion to approve the minutes, which was seconded by Mrs. DiBenedetti and unanimously approved by all present.

**NURSING REPORT**

Mr. Dorsi reviewed the nursing report, which was provided in writing by Mrs. Kirsteen Pinto, Public Health Nurse. For details, please refer to Nursing Report.

Mr. Dorsi mentioned we are planning a 3<sup>rd</sup> dose/ booster clinic at the Kentshire. There was also a flu clinic held with 26 people vaccinated and 8-9 COVID 3<sup>rd</sup> dose vaccines.

Mr. Doris noted we held multiple rabies clinics during the course of the month. Flu cases remain steady throughout the district.

Mrs. Peet questioned if boosters must remain consistent with the vaccine that was initially taken. It was noted you can mix and match vaccines. Was also questioned if it was better to have full dose; noted it was personal preference.

Mrs. Peet inquired if in healthcare the 3<sup>rd</sup> dose was required. Stated strongly encouraged, but not mandated. Only the 1<sup>st</sup> 2 doses.

## **HEALTH OFFICER'S ACTIVITY REPORT**

The September and October 2021 Health Officer Activity Reports were reviewed by the Board of Health Members. For details, please refer to the Activity Reports.

Mr. Dorsi mentioned the Midland Park Community Day temporary event where we did inspections.

Also spoke about the Cottage Food law that was put into action. State is licensing home bakers for non-potentially hazardous foods. Individuals will have to comply with local health departments. Complaints will be sent to the state. Mrs. Peet questioned baked goods made at home sold in establishments. Mr. Dorsi said depending on ingredients this would be okay. Home bakers are required to list ingredients on the food. Requirements are listed on state website. Marijuana infused food would need a specific type of licenses. Need to verify regulations on those types of sales.

Mrs. Peet questioned the rat complaint. Mr. Dorsi stated the initial complaint was abated. The complaint was in regards to Highland Ave. The school put out additional bait stations and the dumpsters were checked for garbage. The property that was close had some overgrowth, which was abated by the individual and no issues since. Mr. Dorsi said rats typically stir up with some construction.

## **REGULATORY FEES REPORT**

The September and October 2021 Registrar Reports were reviewed by the Board of Health members. The Reports were accepted as information.

Mrs. Peet questioned if there was a budget done for this year? The amount of the contract is considered part of the budget, but might want to look into making sure this is completed.

## **OLD BUSINESS**

**Website Updates:** Mrs. Zubok reported no new updates for the website.

**Midland Park Wellness Council:** On hold due to COVID-19; Mr. Dorsi will follow up with Mrs. Behre on update.

**License Fees:** On hold due to COVID-19; Mrs. Zubok suggested beginning this review January 2021 meeting.

**Community Day:** Successful. Christine Dempsey, Health Educator attended. The event was well attended.

## **NEW BUSINESS**

Mrs. Dziubinsky questioned the water issue in Midland Park. Mrs. Zubok responded that it was not a Midland Park issue but an entire water issue around the country. The county looked at other water companies; all of which are fighting the same contaminants. Reverse osmosis is shown to be effective,

but more time needed to validate technologies. Very small level of contamination, but can't say it is risk free.

Open Board of Health seat: Mrs. Peet noted trying to see if anyone is interested. Possible email or blast to encourage people to serve.

Looking to do some community outreach. Possible lecture series at the library in the Spring. Amphitheater or outdoor setting. Looking into some topics that would benefit the community. Possible ideas; mental health, depression etc. Brainstorm some ideas and reach out to the library. Trying to focus more on the senior community. Maybe some COVID updates and booster information.

Asking if Health Educator can give us some ideas of what to do to reach out to the community. Updating bulletin.

**Schedule for 2022:** Will keep the same schedule. The January meeting will be a reorganization.

### **ADJOURNMENT**

There being no further questions or discussion, a motion to adjourn was made at 8:05pm by Mrs. Zubok, seconded by Mrs. Peet and unanimously agreed to by all present. ***The next regular meeting is scheduled Monday, January 10th, at 7:30 pm; location Council Chambers.***

Respectfully Submitted by:  
Corinne Woodward, Administrative Assistant