



# Northwest Senior Activity Center

46-50 Center Street, Midland Park, NJ 07432 Phone: 201-445-5690 Fax: 201-493-8911



Chef Cardie will demonstrate how to make his

**New Orleans Style**

**BREAD PUDDING**

## **EXECUTIVE CHEF CARDIE MORTIMER**

**WEDNESDAY, APRIL 17, 2024**

**12:30PM**

### **“Culinary Therapy: Food as a Catalyst for Healing and Well-Being”**

Join us for this one hour presentation as Chef Cardie uses personal anecdotes, culinary expertise and lots of humor!

**“Chef Cardie explores the profound impact that food and cooking has on all our physical, mental and emotional aspects of our lives.”**

“Chef Cardie has worked side by side with top chef’s in the country including Chef Emeril Lagasse. Chef Cardie’s generosity includes personally funding a state-of-the-art kitchen facility and food pantry and donating his time teaching young aspiring chefs throughout the country. Chef Cardie presided over a major benefit dinner to benefit the homeless and published a cookbook and dedicated all proceeds to the homeless.”

“Chef Cardie was awarded a prestigious United States Congressional Certificate from the 6th Congressional District of New Jersey honoring him for all of his community volunteer work.”

**REGISTRATION REQUIRED**

**James J. Tedesco III**  
*Bergen County Executive*

**Board of County Commissioners**

**Germaine M. Ortiz** *Chairwoman* **Mary J. Amoroso** *Vice Chairwoman*, **Dr. Joan M. Voss** *Chair Pro Tempore*

**Thomas J. Sullivan**, **Rafael Marte**, **Steven A. Tanelli**, **Tracy Silna Zur**